

# Georgia Military College <u>Five Step Program</u> Preventing the Introduction & Spread of COVID-19

## #1 -- ACTIONS TO TAKE WHILE AT HOME – <u>IF IN DOUBT AS TO YOUR HEALTH DO</u> <u>NOT COME TO CAMPUS!</u>

- We have come to learn that the most important thing we can do to stop the spread of COVID-19 is to take <u>personal responsibility</u>, monitor our health, and stay home when we are ill.
- Our expression to highlight this is, "When in Doubt, Please Stay Out!"
- When we returned to in-seat learning in August of 2020, we understood that to be successful in mitigating COVID-19 at GMC it requires an enduring **partnership between everyone in our GMC Family (students, faculty, and staff).** Each of us is critical to our Success to **ensure we do not allow the virus to be introduced on our Campus.** This is key to our preventative measures to avoid introducing the virus at our College.
- Students, faculty, and staff must remain vigilant by monitoring their own health, and by not going to campus/classes if there is any question as to their health.
- If any student, faculty, or staff member has a fever and/or is exhibiting symptoms related to COVID-19, then that person must stay at home. Symptoms which we all now know include:
  - o Fever
  - o Cough
  - o Shortness of Breath
  - o Fatigue
  - o Muscle or body aches
  - o Headache
  - New loss of taste or smell
  - Sore Throat
  - Congestion or runny nose
  - Nausea or vomiting
  - o Diarrhea
- This is not an exhaustive list. Bottom line if a student, faculty, or staff member exhibits any of these symptoms, they shall NOT come to Campus.
- Please check the CDC's webpage for all other related symptoms by visiting: <u>https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html</u>.

## #2 – <u>BEFORE ENTERING ANY FACILITY YOU MUST HAVE YOUR TEMPERATURE</u> <u>READ.</u>

- Students, faculty, and staff are required to monitor their temperature before coming to campus; a personal responsibility.
- Moreover, if there is any question at all, before entering any facility individuals are encouraged to check their temperature using an industrial temperature reading system or hand-held device.
- Any student who registers a temperature of 100 degrees or more please follow our policy of "When in Doubt, Please Stay Out."
- Any faculty or staff member who registers a temperature of 100.4 should also follow the policy of "When in Doubt, Please Stay Out."
- Any student who remains at home out of caution or is sent home will work with their professors and within GMC's attendance policy to ensure their success.

### #3 - AIR PURIFICATION AND SURFACE SANITATION.

- While on campus all classrooms and student areas (every facility) will be equipped with ionizer systems which will continually clean indoor air. Ionizer systems have demonstrated in a study to reduce COVID-19 by 99.4% within 30 minutes.
- This is key to the GMC preventative program if the virus is introduced on campus, the virus is immediately eradicated.
- GMC works within the CDC guidelines on enhanced cleaning and use of approved chemicals to fight the spread of COVID-19.
- High traffic areas and 'touch points' are continually sanitized with daily cleaning of all occupied areas.
- Classrooms and student areas are disinfected daily, and more often if needed. There is also a method known as 'fogging' that additionally is used when appropriate.
- All classrooms and student areas are equipped with hand sanitizers and we expect them to be used upon entry.
- All sinks in restrooms, locker rooms, classrooms, and labs are equipped with soap dispensers for required hand washing and are refilled daily.
- Sanitation/UV wands are available for faculty and staff and are encouraged to be used.

# #4 – FOR THOSE WHO WANT TO WEAR THEM, FACE COVERINGS ARE STRONGLY ENCOURAGED.

- It is recommended that anyone entering a GMC facility should carry a mask with them.
- Anyone entering a GMC facility is welcomed and encouraged to wear their face covering if they desire to do so. This is an individual choice. There should not be any expectation that others will also wear a face covering.
- There is no expectation to wear face covings when outside GMC facilities/on GMC grounds.

### #5 – <u>EVERYONE ON CAMPUS, EVEN VISITORS, WILL FOLLOW THE GMC COVID-19</u> <u>ETIQUETTE AND PROTOCOLS</u>.

- <u>Personal hygiene is critical to help mitigate the possible spread of the virus if it is</u> <u>present</u>. Therefore, we will teach and insist our students adhere to the following:
  - The habit of washing hands with soap and water for 20 seconds or using hand sanitizer, continually throughout the day while on campus.
  - The importance of not touching one's own face without washing hands.
  - As appropriate, practice contactless greetings and respect of other's personal spaces.
  - Discourage sharing of phones, books, or other personal items.
  - Students, faculty, and staff must exercise PERSONAL RESPONSIBILITY and continuously conduct SELF-ASSESSMENTS (i.e. "Am I feeling well?", "What's my temperature?", "Should I wear a mask?").
- Vaccinations for COVID-19 are readily available. GMC will educate students, faculty, and staff on the purpose of the vaccination and encourage everyone in our GMC community to consider being vaccinated. However, this is a private and personal choice; therefore, **there is no requirement to be vaccinated to enroll at GMC or to be on our campuses.** Out of courtesy and respect for one another we ask that everyone please respect the decision each make with regard to the vaccination.

### AS A GMC FAMILY, TOGETHER WE CAN PROVIDE FOR A SAFE AND HEALTHY ENVIRONMENT ON OUR GMC CAMPUSES.

#### CHARACTER ABOVE ALL!